

Sulam for Presidents Sample Schedule

Thursday

Event • Location

- 2:00 PM Registration • Lobby
- 3:00 PM Welcome and Introductions • *Beit Midrash*
- 3:55 PM **Session:** Creating a Leadership Learning Agenda • *Beit Midrash*
- 4:10 PM Logistics Review • *Beit Midrash*
- 4:15 PM *Minhah* Service • *Beit Midrash*
- 4:30 PM **Session:** “What We Think We Think” • *Beit Midrash*
- 5:30 PM **Session:** Developing a Shared *Kehilla* Vision • *Beit Midrash*
- 7:00 PM Dinner • Dining Room
- 8:00 PM Group Photos • *Beit Midrash*
- 8:30 PM **Session:** What’s Your Gift of Leadership? • *Beit Midrash*
- 9:45 PM *Ma’ariv* Service • *Beit Midrash*
- 10:00 PM Snack and Social Time • Tribes Lounge

Friday

- 7:00 AM (Re)Connecting with our *Tefillin* – How, Why and Refresh! • *Beit Midrash*
- 7:15 AM *Shacharit* Service • *Beit Midrash*
- 8:00 AM Breakfast • Dining Room
- 8:45 AM **Session:** Understanding Leadership Preferences • *Beit Midrash*
- 10:30 AM Snack and Break
- 11:00 AM **Session:** Ensuring Sound Financial Management • *Beit Midrash*

- 12:30 PM Lunch and “Table Talk” about Fundraising Successes • Dining Room
- 1:30 PM **Session:** Building a More Effective Board • *Beit Midrash*
- 2:45 PM Break
- 3:00 PM **Session:** Sacred Communities, Financial Sustainability • *Beit Midrash*
- 4:30 PM **Session:** Journaling and Reflection • *Beit Midrash*
- 4:45 PM Break - Time for *Hachana L'Shabbat* (Preparation for *Shabbat*)
- 6:45 PM *Minhah*, Candle lighting, *Kabbalat Shabbat* & *Ma'ariv* • *Beit Midrash*
- 8:00 PM Shabbat Dinner • Dining Room
- 9:15 PM *Tisch* (Table) & *Oneg* (Joy of) *Shabbat* • Tribes Lounge

Saturday

- 8:15 AM Light Breakfast • Dining Room
- 9:00 AM *Shabbat Shacharit*, Torah Reading & *Musaf* • *Beit Midrash*
- 11:45 AM *Kiddush* • Activity Center Lobby
- 12:15 PM *Torah* Discussion • *Beit Midrash*
- 1:15 PM Shabbat Lunch • Dining Room
- 2:15 PM Rest, Reflection and Free Time
- 4:00 PM **Session:** Creating Lay-Staff Partnership • *Beit Midrash*
- 5:30 PM Shabbat *Minhah* Service • *Beit Midrash*
- 5:30 PM Alternative service: Meditation: Exploring Spirituality on Shabbat afternoon • TBD
- 6:15 PM **“Open Mike” Session:** “I’ve Been Meaning to Ask” • *Beit Midrash*

- 7:00 PM *Seudah Shelisheet* (Third Meal) • Dining Room
- 8:15 PM *Ma'ariv* Service and *Havdalah* – *Shavua Tov* – *Have a Great Week!* • *Beit Midrash*
- 9:00 PM **Open Mike:** Successful Efforts in Your Congregations • *Beit Midrash*
- 9:45 PM “Saturday Night Live” Sulam-Style and Late Snack • *Beit Midrash*

Sunday

- 7:30 AM *Shacharit* Service • *Beit Midrash*
- 8:15 AM Breakfast • Dining Room
- 9:00 AM **Session:** Waging A Campaign of Change • *Beit Midrash*
- 10:00 AM Session: Reflection & Evaluation • *Beit Midrash*
- 11:00 AM **Closing:** *Tallit* Ceremony • *Beit Midrash*
- 12:00 PM *Tefillat Ha-Derekh* – Prayer for a Safe Journey Home • *Beit Midrash*

Glossary of Hebrew/Yiddish words used at Sulam for Presidents

Aliyah – Blessing over the *Torah*

Benching/Birkat Hamazon – Grace after meals

Chumash – Five books of the *Torah*

D'var Torah – Spoken words of the *Torah*

Hagbah and Gelilah – Lifting and dressing of the *Torah*

Havdalah – Ritual service that marks the end of *Shabbat*

Kavanah – Mindset necessary for Jewish Ritual

Kehilla – Jewish community inside and outside the walls of a synagogue

Kiddush – Blessing over the wine

Kippah – Ritual head covering

Ma'ariv – Evening Prayer

Minhah – Afternoon prayer

Musaf – Additional prayer instituted on the *Sabbath* and the festivals

Shacharit – Morning prayer

Siddur – Prayer book

Seudah Shelisheet – Third meal on *Shabbat* afternoon

Sulam – Ladder

Tallit – Prayer shawl

Tefilah – Prayer

Tefillin – Ritual phylacteries worn during the weekday morning prayer service

Tisch and Oneg – Food, drinks, singing and words of *Torah* (*Tisch* = table; *Oneg* = joy of)

Tzitzit – Ritual fringes at the corners of garments